



SPACE MAINTAINER INSTRUCTIONS

Today a space maintainer was placed in your child's mouth. We ask that they avoid food or drink for 30 minutes following this appointment to allow time for the cement to dry completely. After 30 minutes, a normal diet is fine.

As long as the space maintainer is present, it is very important that your child **avoid** eating sticky candies and foods such as Jolly Ranchers, Tootsie Rolls, Starburst or anything else that would "stick" to the appliance and cause it to become loose.

If the space maintainer comes out or becomes loose, please call our office as soon as possible. We will reserve an appointment to recement the existing appliance. Failure to recement the space maintainer in a timely manner may result in space loss and require fabrication of a new appliance.

Please note:

- Most dental plans will pay for one space maintainer in a lifetime. If it is lost, you will be responsible for the office visit and lab fee to replace it.
- Your dental plan may have limitations relating to recementing the space maintainer. If this is not a covered benefit, you will be responsible for the \$48.00 recement fee.

If you have any question, please feel free to contact our office at 706-288-1100.